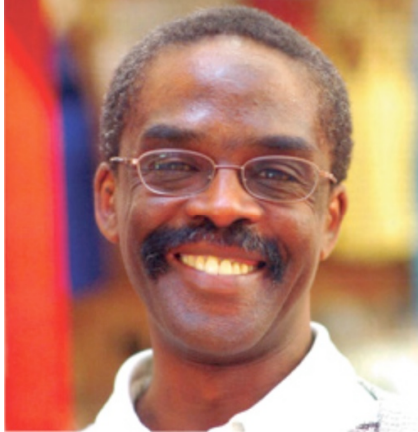


**Practice Yoga Studio presents:**  
**A Yoga Workshop with KOFI BUSIA**  
**Tuesday, July 21 through Sunday, July 26, 2009**  
Held at The Sanctuary of the Samuel S. Fleisher Art Memorial, 719 Catharine Street



**Tuesday, July 21<sup>st</sup> through Friday, July 24<sup>th</sup>**  
**Same schedule for all 4 days**

9:00 to 9:45 AM: Pranayama†  
10:00 AM to 12:30 PM: Asana  
6:00 to 8:30 PM: Asana

**Saturday, July 25<sup>rd</sup>**

9:00 to 9:45 AM: Pranayama†  
10:00 AM to 12:30 PM: Asana  
3:00 to 5:30 PM: Asana

**Sunday, July 26<sup>th</sup>**

9:00 to 9:45 AM: Pranayama†  
10:00 AM to 12:30 PM: Asana

† *There will be no late entry for pranayama. Doors will close promptly at 9:00 AM and reopen at 9:50 AM.*

**RESERVATIONS:**

**Pranayama classes are \$10 per session;**  
**Asana classes are \$40 per session for 6 or more, or \$45 per session for 5 or less.**

**After July 14<sup>th</sup>, all Asana sessions are \$50.**

*(Pranayama does not count as an Asana session)*

**The cost for the entire workshop is \$460.**

Space is limited. Please register early so as not to be disappointed.

To register, please email: [contact@practiceyogastudio.com](mailto:contact@practiceyogastudio.com)

In your email, please state which sessions you are interested in attending.

***A minimum of one year yoga experience is strongly recommended.***

Full payment is due at time of registration, and space will not be held without payment. No refunds after July 14th.  
Refunds before July 14th will deduct an administration fee of \$25.

**Kofi Busia** is one of the world's foremost teachers in the Iyengar tradition. Busia has been teaching for over 35 years, has held his Advanced Certificate for over 33 years, and has taught all over the world.

For more information about Kofi, please visit [www.kofibusia.com](http://www.kofibusia.com).