

**Practice Yoga Studio presents:
A Yoga Workshop with KOFI BUSIA**

October 29th to 31st, 2010

Held at The Chi Movement Arts Center
1316 South Ninth St. (btwn. Wharton and Reed)

EMBED Word.Picture.8

Friday, October 29th

6:00 to 8:30 PM

Saturday, October 30th

(two sessions)

9:30 am to 12:30 pm

2:30 to 5:00 PM

Sunday, October 31st

9:00 am to 11:30 am

RESERVATIONS:

**The cost for the entire workshop is \$195 prior to Tuesday,
October 12th,**

\$230 after October 12th.

**If there is space still available prior to the workshop, individual sessions will
be made available.**

Please bring your own blankets, blocks, strap and mat.

Space is limited. Please register early so as not to be disappointed.

To register, please email:

HYPERLINK "<mailto:contact@practiceyogastudio.com>"

contact@practiceyogastudio.com and you will receive further directions.

A minimum of one year yoga experience is strongly recommended.

Full payment is due at time of registration, and space will not be held without payment. No refunds after October 20th Refunds before October 20th will deduct an administration fee of \$25.

Kofi Busia is one of the world's foremost teachers in the Iyengar tradition. Busia has been teaching for over 35 years, has held his Advanced Certificate for over 33 years, and has taught all over the world.

For more information about Kofi, please visit HYPERLINK "<http://www.kofibusia.com/>"www.kofibusia.com.